

Pool Rules

The pool is open 7 days a week during the season, weather permitting. No person may use the pool unless it is officially open, and the lifeguards are on duty. Please use the pool and surrounding area in a manner that ensures the safety of those using the pool.

Updated Policies & Guidelines:

Main Pool Guidelines: To ensure the safety and well-being of all swimmers, the main pool will now have the following requirements for children:

- *Age Requirement: Children must be 3 years of age or older to use the main pool.*
 - *Potty Training: Children must be fully potty trained to use the main pool. For newly potty-trained children 3 & above please use the double layered swim diapers referred to below.*
 - *Supervision: For non-swimmers, a parent/guardian must always remain within arm's length of the child in the water.*
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Wading Pool Guidelines: Our wading pool is specifically designed for our youngest members and has these updated guidelines:

- *Swim Diapers: All children using the wading pool, must wear approved double layered swim diapers for health & hygiene purposes.*
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Diaper Changing & Pool Hygiene:

We kindly ask parents to use designated changing areas when attending to their child's swim diaper needs. Both the men's and women's pool locker rooms are equipped with convenient diaper changing stations for your use. Hourly diaper checks at changing stations are recommended.

Diaper changing anywhere within the pool area is not sanitary and strictly prohibited. Diaper changing in public spaces is a violation of health department codes and is finable by up to \$1000.

Required type of Swim Diapers:

We require double layered swim diapers, which consists of a disposable swim diaper underneath a reusable swim diaper. The outer layer must completely cover the inner layer. A wide selection of both reusable and disposable swim diapers are available online.

- Proper swimwear is required by everyone using the pool facilities.
- Appropriate swimwear includes swim trunks, water shirts, and bathing suits made of material designed for use in aquatic facilities. (Clothing not designed with water-friendly fabric is more likely to carry bacteria into our pools.)
- Disrobing of undergarments in public or in parking areas is not permitted, regardless of age. Please use the locker rooms.
- Lockers are provided to secure personal belongings. Patrons may bring locks for use on lockers.
- All locks must be removed from the locker at the end of the day or they will be removed. Items left in lockers after the end of the day will be placed in the pool's lost and found area.
- Entering and exiting the pool areas must be made from the parking lot.
- Patrons are not permitted on the golf course or cart path to the clubhouse.
- There is no smoking permitted anywhere in the pool complex.
- Running, ball playing, and the like are to be confined to areas designated for that purpose.
- Non-swimmers, and novices are to use only the shallow end of the pool and in the presence of an adult.
- Diaper changing is prohibited on the pool deck. Men's and Women's locker rooms have baby changing stations available.
- Glass containers of any kind are not permitted in the pool area.
- Papers and refuse should be placed in receptacles provided for them.
- Food and beverages, other than those obtained from the Cabana Grill and/or The Meadows Social Kitchen & Bar, are not to be brought into the pool area.
- No child under the age of thirteen (13) should be left at the pool facility unattended.
- No child should ever be left unattended within the gates of the wading pool.
- No diapers allowed in the main pool. In the wading pool, swimming diapers must be worn.
- Non-potty-trained children must wear approved cloth swim diapers.
- There are not to be any type of inflatable flotation devices in either of the pools. Only Coast Guard approved life vests are allowed in the

pools. Flotation devices need to be approved by the Aquatics Director or Assistant Aquatics Director.

- Rough play and personal conduct endangering safety of self and others is prohibited.
- If a lifeguard or Director blows the whistle to clear out the pool, everyone must exit the pool immediately.
- In case of lightning, the pool deck must be evacuated including the outdoor area of The Cabana Grill.
- Diving from the pool apron is not permitted in areas where the depth of the pool is less than 5 feet.
- No metal, rigid or sharp-edged toys may be taken into the wading pool area.
- Supervision is defined as always having the child within arm's reach while at the pool.
- Patrons aged six and older are permitted in the pool without supervision, but are subject to removal by the Aquatics Director, Assistant Aquatics Director or Head Guard if they create a health or safety risk.
- Children may be required to pass a swim test at the discretion of the Pool Director.
- Parents or guardians must supervise their non-swimmer children and be no more than an arm's length away while in the pool.
- The Club assumes no liability for the loss or theft of a patron's personal belongings.
- Swim lessons are to be provided by club personnel only.
- Persons unable to demonstrate their ability to swim are not permitted in the deep water.
- The Aquatics Director, Assistant Aquatics Director or Head Guard may enforce any non-written rule as deemed necessary.
- The pool may be closed due to inclement weather or water quality.
- Unnecessary talking to lifeguards is not permitted while they are on duty.
- No cuts, open sores, bandages, or infectious diseases.