

Introducing RICK GAY, PGA

Regional Director of Instruction



ABOUT RICK

With over 20 years of professional teaching experience, Rick brings a personal, results-driven approach to every lesson. He works with golfers of all ages and skill levels—whether you're picking up a club for the first time or fine-tuning your game for college competition.

Rick's teaching is all about you—your goals, your swing, your progress. Each session is tailored to help you understand and apply clear, effective techniques that translate to real improvement on the course.

His relaxed, fun atmosphere puts students at ease, making it easier to learn, grow, and love the game even more.

Whether it's one-on-one coaching or group clinics, Rick's mission is simple: help you play better, enjoy the game more, and reach your full potential.

CERTIFICATIONS

Operation 36 PGA Junior League Sportsbox AI Superspeed Speed Training

OPERATION 36

Rick specializes in Operation 36, a structured program that helps golfers learn and improve on the course

A continuous 8-week semester that include (8) one-hour classes and (4) "Play 9" events for on-course learning and testing.



Scan or click here to view open OP36 registrations.

BOOK WITH RICK!



Scan or click here to view open availability.

CONTACT INFO

P: (743)674-0353

E: Rick.Gay@meckcountygolf.com

W: meckcountygolf.com